

— THE NEXT GENERATION —

DOUBLE X®

FREQUENTLY ASKED QUESTIONS



⬡ What is NUTRIWAY® DOUBLE X®?

NUTRIWAY DOUBLE X is a unique, cutting edge multi-vitamin, multi-mineral, phytonutrient supplement that offers a comprehensive and balanced range of nutrients. DOUBLE X also provides foundational nutrients to support optimal health.

This new formulation was designed to support your overall health by providing 12 essential vitamins, 10 essential minerals and phytonutrients from 22 fruits, vegetables and herbs that represent all five colours of the phytonutrient spectrum. DOUBLE X also features the PhytoProtect™ blend, a proprietary combination of Rosemary, Turmeric and Fava d'Anta (Quercetin) extracts, designed to work with the body's own defences to fight against excess free radicals.

⬡ What are the potential benefits for using this product as recommended?

The human body is continually attempting to maintain internal balance. Oxidative stress, thought to be involved with ageing and age-related diseases, is caused when the body's control of free radicals is out of balance. The next generation of DOUBLE X is designed to provide vitamins, minerals and phytonutrients that help defend against excess free radicals and help maintain that balance to contribute to good overall health and well-being.

⬡ Why was a new formula developed? How is it different from the original formula? Why were new ingredients added? Why were some ingredients deleted from the formula?

DOUBLE X was reformulated because nutrition science is continually evolving and the NUTRIWAY brand wants to reflect the most current science.

Vitamin and mineral adjustments: Some vitamins and minerals have been adjusted to achieve optimal levels based on current scientific findings and recommendations. As an example, in 2010 the Institute of Medicine (IOM) recommended an increase in Vitamin D intake from 600 IU to 800 IU per day. As we learned about the significance of Vitamin D for bone health, we increased the dose in this formulation to better meet these more current dietary recommendations. Some dosages of vitamins/minerals have been decreased as well.

Our scientists are mindful that levels of nutrients that are too high can either compete with each other for absorption, cause unwanted side effects, or reach a maximum threshold where excess nutrients are merely flushed out of our systems. Therefore, when formulating this product our goal was to evaluate the current science and use no more, and no less, than the optimal quantity needed.

More PhytoPower: This formulation delivers more phytonutrients by providing botanical extracts that are more phytonutrient dense than botanical dehydrates.

New PhytoProtect™ blend: This unique trio of Rosemary, Turmeric and Fava d'Anta (Quercetin) extracts was designed to help boost cellular defence against oxidative stress. These extracts were specially selected because of their high performance in our laboratory studies. This is an exciting addition to DOUBLE X and represents the cutting edge of phytonutrient science.

Smaller and gentler on the stomach: All three tablets have been designed with a slim, streamlined capsule shape that is one-third smaller than the previous tablets and gentler on the stomach.

⬡ **What is the difference between NUTRIWAY[®] DOUBLE X[®] and NUTRIWAY Daily?**

While Daily is a great introduction to multivitamin/multimineral supplementation, we consider DOUBLE X the gold standard. DOUBLE X provides a more comprehensive vitamin and mineral profile and a much wider variety of botanicals and phytonutrients than Daily does.

⬡ **Is this product recommended for pregnant women or nursing mothers? If so, what is the recommended dosage?**

We do not recommend consumption of this product by pregnant women and nursing mothers without first consulting their healthcare professional.

⬡ **Is this product recommended for children? If so, what is the recommended dosage?**

We do not recommend children under 12 years of age should consume this product unless directed by their healthcare professional.

⬡ **Is this product GMO free?**

NUTRIWAY has always been committed to creating supplements with natural ingredients. That is why we are committed to being a non-GMO brand. Our products comply with and exceed global GMO labelling requirements.

⬡ **Are there any other physical states/conditions for which use of this product is contraindicated?**

There is no evidence of any contraindications with use of this product in the general population. However, as with any supplement, those under supervised medical care should consult their healthcare professional before using this product.

⬡ **Are there any potential side effects from taking this product?**

Individual response to supplementation varies. Mild side effects can include gastrointestinal discomfort. If any adverse response is experienced, cease product use and consult your healthcare professional for further advice.

⬡ **Can this product be taken with other dietary supplements?**

This product may be taken with other dietary supplements within their suggested use. If you are taking multiple supplement products, we recommend not exceeding the recommended daily intake for vitamins and minerals.

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