

NC
**NOTHING
COMPARES**



NUTRIWAY® Vitamin B Complete

VS-110171 Amount: 120 tablets (Supply 120 days)

Features & Benefits

- NUTRIWAY® Vitamin B Complete contains eight essential B vitamins to help your body combat fatigue.
- NUTRIWAY Vitamin B Complete uses extended release technologies, helping to deliver the right amount of B vitamins at the right time over eight hours.
- NUTRIWAY Vitamin B Complete is packed with natural spirulina which contributes a broad spectrum of naturally occurring nutrients including B vitamins and phytonutrients.

Why NUTRIWAY Vitamin B Complete?

NUTRIWAY Vitamin B Complete is a dual-action tablet packed with natural spirulina that delivers eight essential B vitamins used by the body to help fight fatigue by releasing energy from food, for a full eight hours of support.

- Using two technologies in one bi-layer tablet optimises nutrient absorption for each B vitamin and minimises digestive upset.
- Delivers all eight essential B vitamins (B1, B2, B3, B5, B6, B7, B9, B12).
- Uses spirulina which is grown and harvested on a Nutricert™ certified aqua-farm.
- B vitamins are essential nutrients that your body cannot make or store and must therefore be replenished daily.



Who should use NUTRIWAY® Vitamin B Complete?

- Those looking for a convenient way to provide their bodies with eight essential B vitamins in one easy tablet.
- Busy, active adults who don't always have time to eat right and can't afford to be low on energy.
- Adults whose diets lack a variety of vitamin B-rich foods or meals, such as vegetarians or those on calorie-restricted diets.

NUTRIWAY Vitamin B Complete has been designed to offer an effective, efficient, more convenient way to get essential B vitamins in a spirulina-based formula. The instant-release technology in one layer allows the body to access vitamins B2 and B12 quickly and completely, for best absorption. The remaining six B vitamins in the other layer are released slowly and steadily through the gut for efficient transport into the body.

How do we compare?

NUTRITION INFORMATION (Per Tablet)	NUTRIWAY® Vitamin B Complete	ETHICAL NUTRIENTS Super B Daily Stress +	BLACKMORES Executive B Stress Formula	THOMPSONS B Complex	NATURE'S WAY B Complex Adult Vita Gummies
Pack Size	120 tablets	30 tablets	62 tablets	100 tablets	60 gummies
RRP per tablet (\$)	0.45	0.76	0.48	0.16	0.33
IBO price per tablet (\$)	0.33	N/A	N/A	N/A	N/A
Vitamin B1 (mg)	3	75	75	5	0.33
Vitamin B2 (mg)	3.4	50	10	5	0.25
Vitamin B3 (mg)	20	100	100	25	20
Vitamin B5 (mg)	20	100	75	6.8	-
Vitamin B6 (mg)	4	50	25	5	2.5
Vitamin B7 (mcg)	125	-	20	20	75
Vitamin B9 (mcg)	400	200	150	90	200
Vitamin B12 (mcg)	6	200	30	5	30
Spirulina (mg)	75	-	-	-	-

Sources: Amcal Online, http://www.chempro.com.au/epages/shop.sf/?Locale=en_AU&ObjectPath=/Shops/shopProducts/9315771008065&ViewAction=ViewProductViaPortal&gclid=CJq1kc7hi84CFUZvvAodW3sEtw Viewed 20/7/2016, Blackmores Online, <https://www.blackmores.com.au/products/executive-b-stress-formula> Viewed 12/7/2016, Chemist Warehouse Online, <http://www.chemistwarehouse.com.au/buy/63319/Thompson-s-B-Complex-100-Tablets>, Viewed 12/7/2016, Health 365 Online, <http://health365.com.au/shop/nature-s-way-b-complex-adult-vitagummies-60s> Viewed 3/8/2016. Competitive pricing may vary according to source and date sourced (1/09/2016).

Usage Guide

Adults and children over 12 years of age: Take one tablet daily, at any time, with or without a meal.



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